



# MILFORD JUNIOR HIGH ATHLETICS

## 2024 SPRING SEASON

### *Getting Started in Athletics at MJHS!*

For active links to click, go to [www.milfordathletics.org/juniorhigh](http://www.milfordathletics.org/juniorhigh)

1. Register on Final Forms [HERE](#) to show your interest and sign permission forms!
2. A current physical must be on file to begin in-season practices! Print official form from your Final Forms account or click [HERE](#) and take to your pediatrician/doctor for an annual Youth Sports Physical.
3. Fees (\$100 or \$50 or \$0) will be due prior to first contest and can be paid online [HERE](#) after teams are set.
4. Contact coaches below and/or check online for calendars/schedules/more info.
5. Show up with a great attitude, work hard and have fun!

#### BOYS TRACK/FIELD

JH – JOE DUMONT and CHAD BLACKBURN  
and TROY WEIGAND

[dumont\\_j@milfordschools.org](mailto:dumont_j@milfordschools.org)  
[blackburn\\_c@milfordschools.org](mailto:blackburn_c@milfordschools.org)  
[weigand\\_t@milfordschools.org](mailto:weigand_t@milfordschools.org)

MANDATORY PRACTICES BEGIN FEBRUARY 19

#### GIRLS TRACK/FIELD

JH – RENEE VANDERVEEN and MARIE OWEN  
and JUAN LEWIS

[vanderveen\\_r@milfordschools.org](mailto:vanderveen_r@milfordschools.org)  
[owen\\_m@milfordschools.org](mailto:owen_m@milfordschools.org)  
[juan.r.lewis15@gmail.com](mailto:juan.r.lewis15@gmail.com)

MANDATORY PRACTICES BEGIN FEBRUARY 19

#### SOFTBALL

JH – KEN POPPE and LANCE KINKAID

[kpope2@hotmail.com](mailto:kpope2@hotmail.com)  
[lancekinkaid@gmail.com](mailto:lancekinkaid@gmail.com)

OPEN FIELDS/CAGES IN FALL AND EARLY SPRING  
PRACTICES/TRYOUTS BEGIN ON/AFTER FEBRUARY 19

#### BOYS TENNIS

JH – TBD

OPEN COURTS IN EARLY SPRING AND SUMMER  
PRACTICES/TRYOUTS BEGIN ON/AFTER MARCH 4

#### MJHS ATHLETIC DEPARTMENT PROFILE

**FALL SPORTS:** FOOTBALL, CHEER (SIDE), CROSS COUNTRY (B/G), GOLF (B/G), TENNIS (G), VOLLEYBALL (G)

**WINTER SPORTS:** BASKETBALL (B/G), CHEER (SIDE), CHEER (COMP), DANCE, DIVING, WRESTLING (C/G)

**SPRING SPORTS:** SOFTBALL, TENNIS (B), TRACK/FIELD (B/G)

**SUMMARY:** 20 SPORTS, 33 TEAMS, 44 COACHING POSITIONS

**MJHS DIRECTOR OF ATHLETICS:** MARK TROUT [trout\\_m@milfordschools.org](mailto:trout_m@milfordschools.org)

**513-576-8934 (OFFICE), @MJHS\_Athletics**